

JUICES & SMOOTHIES

**REFUSE THE STRAW!
SAVE OUR PLANET!**

FRESHY FRESHY



KANDUI
Red berries, coconut and pineapple. 5,50€



LIME JUICE
Fresh lime juice with mint and a bit of sugar. 4,50€



TROPICAL
Watermelon, melon and passion fruit. 5,50€

NEW!

MENTAWAI
Strawberry, mint, orange, watermelon and ginger. 5,50€

ÑOKI
Strawberry, banana and orange. 5,20€

DRAGON FRUIT
Red dragon fruit, strawberry and melon. 6€



MAKE YOUR OWN HEALTHY CREATION

400ml

BASE:

- WATER 5,50€
- COCONUT WATER 6,50€
- ORANGE JUICE 6,50€
- MILK 6,00€
- ALMOND MILK 6,50€
- SOY MILK 6,50€



Choose up to 4 ingredients and make your own mix!

SHB SIGNATURE MILKSHAKES

NEW!

PARADISE 6€
Delicious tropical smoothie made with mango and pineapple!

OREO 5,20€
Probably SHB's best milkshake. Oreo cookies, vanilla and banana.

VAINILLA 5€
Made with vanilla ice cream. Spectacular.

SHBUENO 5,90€
It tastes just like Kinder Bueno. No need to tell you more!



WITH ALMOND, SOY, OAT OR NO LACTOSE MILK + 0,80€

SMOOTHIE OF THE MONTH

Ask for the fruits of the moment! 4,90€



SUPER HEALTHY CORNER

NAME	INGREDIENTS	BENEFITS
POPEYE & BRUTUS 5,60€	Spinach, broccoli, mint, orange, banana, lime and spirulina.	<i>Strength, vitality and antioxidant.</i>
ROGER RABBIT 5,60€	Carrot, apple, ginger and flax seeds.	<i>Strengthens teeth and gums!</i>
PURPLE 5,90€	Beet, orange, apple, ginger, lemon, honey, and a little bit of almond milk.	<i>Rejuvenating, helps you prevent colds and anti-bacterial.</i>
CURAGREEN Acid! 5,80€	Kale, lime, celery, cucumber, lychee and fennel with a touch of honey.	<i>Healing, slimming and strengthens the body's natural defenses.</i>
NATURAL COCONUT WATER 6€	Served inside its own coconut!	<i>Super hydrating, anti-bacterial anti-viral and a hangover cure.</i>
SHB DETOX 5€	Strawberries, melon and lemon.	<i>Diuretic and depurative.</i>
AÇAÍ POWER 6€	Açaí, banana and orange.	<i>Antioxidant, helps with weight loss, energy gain and lowers cholesterol.</i>

NEW!

SUPER SHOTS 3,5€

100ml extra healthy shots.

MACHADO
Turmeric, honey, lemon and ginger.

FANNING
Cucumber, apple, kale, lime and mint.

SLATER
Strawberry, mint, ginger and bee pollen.

WILSON
Beet, pineapple, cayenne and lemon.

YOUR OWN CREATION +1€
Make your own!



MAKE THEM EXTRA HEALTHY

+1€

BENEFITS

• MACA	Energy booster, stimulates the immune system and is a great source of iron!
• SPIRULINA	Contains lots of vitamins (also B12), iron, proteins, minerals and strengthens the immune system.
• LINO	Has anti-cancer properties, lots of fiber and is great to regulate our liver and intestinal systems.
• CHIA	Contains very high levels of calcium, omega 3, antioxidants, iron, fiber, protein and potassium.
• BEE POLEN	Contains vitamins A, D, E, B1, C, K and lots of minerals. It's richer in proteins than any animal source.
• TURMERIC	Natural antidepressant and anti-inflammatory, improves brain function and antioxidant capacity of the body.





DRINKS

SODAS 2,60€

GINGER BEER 2,90€

SHB ICE TEA 2,60€

PINK LEMON 3€

+ VODKA/GIN 7€

WATER

Reverse Osmosis filtered water.
Better than any bottled water
out there!

1/2 Liter: 2€ - Sparkling: 2,30€

1 Liter: 3,80€ - Sparkling: 4,20€

BEERS

Moritz

Small 2,20€ Shandy 2,40€

Mug (500ml) 4,60€

Bottle 2,70€

1 Liter Pitcher 9,00€

Agua de Moritz 0.0

Bottle 2,70€

Moritz Epidor

Bottle 2,90€

Coronita

2,95€

Modelo Especial

3,20€

Michelada

Made with Modelo Especial
5,20€

VERMOUTH

3,60€

(Bianco/Rosso)



SHB BUCKET

5 beers
10€



EPIDOR BUCKET

5 beers
13€



CORONITA BUCKET

5 beers
13€

WINE

WHITE WINE

• **SHB WINE** - 14,50€

Xarel-lo y Parellada

D.O Penedés

Glass 3,20€

• **XINO XANO** - 15€

Xarel-lo y Muscat

D.O Penedés

• **LOLO** - 17,90€

Albariño

D.O Rias Baixas

Glass 3,50€

ROSÉ WINE

• **RAMÓN BILBAO** - 15,50€

Garnacha

D.O Rioja

Glass 3,30€

RED WINE

• **SIERRA CANTABRIA**

SELECCIÓN - 15€

Tempranillo

D.O Rioja

• **TOC** - 15,50€

Cabernet Sauvignon,

Cabernet Franc y Merlot.

D.O Pla de Bages

• **SELENITA** - 19€

Syrah y Garnacha

D.O Montsant

Glass 3,50€

CAVA & SANGRÍA

CAVA

Parxet Cuvee - 18€

D.O Cava

Glass 3,90€

SANGRÍA

Glass 4,90€ - Pitcher 16,50€

SANGRÍA CAVA

Glass 6,80€ - Pitcher 18€



**REFUSE THE
STRAW! SAVE
OUR PLANET!**



MOJITO PITCHER

1 Liter
29€



SHB ICE TEA

2,60€

MOJITOS SHB

NEW!

TROPICAL

Mango & pineapple. 9€

CLASSIC MOJITO

8€

SHB SPECIAL MOJITO

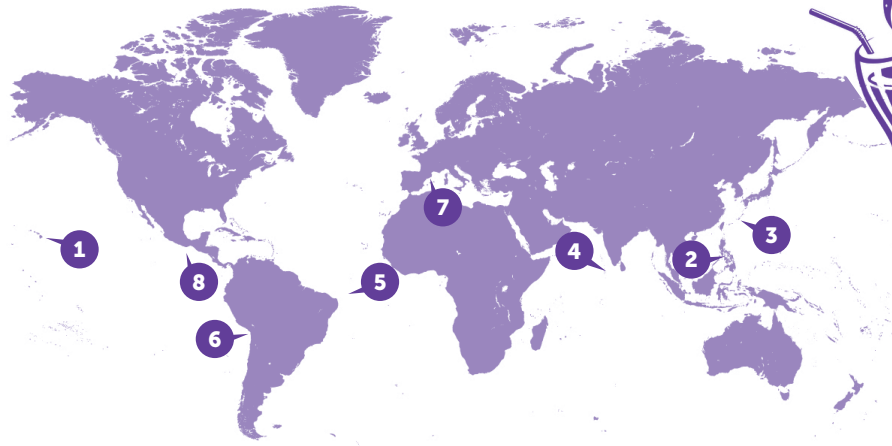
Passion fruit & kiwi. 8,50€

STRAWBERRY

8€

RED

With berries. 8,80€



WCT WORLD COCKTAIL TOURNAMENT

1 DEEP IN THE BARREL 9,50€
(Pipeline, Hawaii)
Backdoor, Pipeline, OTW, Waimea...
The Hawaiian North Shore is the cradle of surfing and, if you've gotten a flawless barrel, you deserve this little pleasure made with **rum**, pineapple and a bit of **tequila**.

2 CLOUD9 8€ **NEW!**
(Philippines)
Tropical and fresh cocktail made with **gin**, berries, mint and ginger ale.

3 JAPAN MARY 8€
(Okinawa, Japón)
With **sake**, tomato juice, wasabi and ginger! Don't freak out. If you love Japanese flavors and a good Bloody Mary, this is actually one of the best cocktails you will ever try.

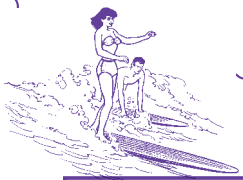
4 SULTANS 8,50€
(Maldives)
NEW! **Whiskey** sour with Disaronno (almond liquor negrita) and lemon. Its sour and sweet taste reminds us of this world class wave in the Maldives.

5 FERNANDO DE NORONHA 9,50€
(Brasil)
Refreshing cocktail made with açai, **vodka**, **mangaroca**, lemon and a touch of honey.

6 ARICA 9€
(Chile)
NEW! You better have this drink before riding the Chilean wave. **Whiskey**, pineapple, lime and a touch of chocolate.

7 GALÁCTICO SHB 9€
(La Barceloneta)
Who says there are no waves in Barcelona? Crazy talk. This Mediterranean cocktail, with **rosemary infused gin**, watermelon and lychee, could easily be part of the world tour!

8 MEXICAN BOMB 9€
(Puerto Escondido, México)
If you surf, you should experience the feeling of dropping a huge bomb at Zicatela Beach, the worlds most aggressive beach break. This yummy cocktail with watermelon, pineapple, lime and **tequila**, will take your mind straight there.



CLASSICS

If you are traditional, we also have all the classic cocktails.

8€

NEW!

★★★★★
**PREMIUM
COCKTAILS**

★★★★★



A

ROCKY POINT

G-Vine and St.Germain, lime, ginger and cucumber. 10€

B

EL CARNAL

Tequila reposado, mezcal, ginger beer and a sweet touch of apple. 11€