

# JUICES & SMOOTHIES

**REFUSE THE STRAW!  
SAVE OUR PLANET!**

## FRESHY FRESHY



**KANDUI**  
Red berries,  
coconut and  
pinapple. 5,50€

**FIJI** NUEVO  
Strawberry, mango,  
orange and pinapple.  
5,90€



**LIME JUICE**  
Fresh lime juice  
with mint and a bit  
of sugar. 4,50€

**ÑOKI**  
Strawberry, banana  
and orange. 5,20€



**TROPICAL**  
Watermelon, melon  
and passion fruit.  
5,50€

**DRAGON FRUIT**  
Red dragon fruit,  
strawberry and  
melon. 6€

**NEW!**



## SMOOTHIE OF THE MONTH

Ask for the fruits of the moment! 4,90€

## SUPER HEALTHY CORNER

NAME	INGREDIENTS	BENEFITS
<b>POPEYE &amp; BRUTUS</b> 5,60€	Spinach, broccoli, mint, orange, banana, lime and spirulina.	<i>Strength, vitality and antioxidant.</i>
<b>ROGER RABBIT</b> 5,60€	Carrot, apple, ginger and flax seeds.	<i>Strengthens teeth and gums!</i>
<b>URPLE</b> 5,90€	Beet, orange, apple, ginger, lemon, honey, and a little bit of almond milk.	<i>Rejuvenating, helps you prevent colds and anti-bacterial.</i>
<b>CURAGREEN Acid!</b> 5,80€	Kale, lime, celery, cucumber, lychee and fennel with a touch of honey.	<i>Healing, slimming and strengthens the body's natural defenses.</i>
<b>NATURAL COCONUT WATER</b> 6€	Served inside its own coconut!	<i>Super hydrating, anti-bacterial anti-viral and a hangover cure.</i>
<b>SHB DETOX</b> 5€	Strawberries, melon and lemon.	<i>Diuretic and depurative.</i>
<b>AÇAÍ POWER</b> 6€	Açaí, banana and orange.	<i>Antioxidant, helps with weight loss, energy gain and lowers cholesterol.</i>

## MAKE YOUR OWN HEALTHY CREATION

400ml

### BASE:

- WATER 5,50€
- COCONUT WATER 6,50€
- ORANGE JUICE 6,50€
- MILK 6,00€
- ALMOND MILK 6,50€
- SOY MILK 6,50€
- COCONUT MILK 6,50€



**Choose up to 4 ingredients and make your own mix!**

## SHB SIGNATURE MILKSHAKES

**NEW!**

**PINKY BANANA** 6€

Strawberry, banana, milk and cinnamon.

**OREO** 5,20€

Probably SHB's best milkshake. Oreo cookies, vanilla and banana.

**VAINILLA** 5€

Made with vanilla ice cream. Spectacular.

**SHBUENO** 5,90€

It tastes just like Kinder Bueno. No need to tell you more!



**WITH ALMOND, SOY, OAT OR NO LACTOSE MILK + 0,80€**

**NEW!**

**SUPER SHOTS** 3,5€

100ml extra healthy shots.



### MACHADO

Turmeric, honey, lemon and ginger.

### FANNING

Cucumber, apple, kale, lime and mint.

**YOUR OWN CREATION +1€**  
Make your own!



## MAKE THEM EXTRA HEALTHY

+1€



	BENEFITS
• <b>MACA</b>	Energy booster, stimulates the immune system and is a great source of iron!
• <b>SPIRULINA</b>	Contains lots of vitamins (also B12), iron, proteins, minerals and strengthens the immune system.
• <b>LINO</b>	Has anti-cancer properties, lots of fiber and is great to regulate our liver and intestinal systems.
• <b>CHIA</b>	Contains very high levels of calcium, omega 3, antioxidants, iron, fiber, protein and potassium.
• <b>BEE POLEN</b>	Contains vitamins A, D, E, B1, C, K and lots of minerals. It's richer in proteins than any animal source.
• <b>TURMERIC</b>	Natural antidepressant and anti-inflammatory, improves brain function and antioxidant capacity of the body.



## DRINKS

**SODAS** 2,60€

**GINGER BEER** 2,90€

**SHB ICE TEA** 2,60€

**PINK LEMON** 3€

**+ VODKA/GIN** 7€

### WATER

Reverse Osmosis filtered water.  
Better than any bottled water  
out there!

1/2 Liter: 2€ - Sparkling: 2,30€

1 Liter: 3,80€ - Sparkling: 4,20€

### BEERS

#### Moritz

Small 2,20€

Mug (500ml) 4,60€

Bottle 2,70€

Shandy bottle 2,80€

1 Liter Pitcher 9,00€

#### Agua de Moritz 0.0

Bottle 2,70€

#### Moritz Epidor

Bottle 2,90€

**Coronita** 2,95€

**Modelo Especial** 3,20€

#### Michelada

Made with Modelo Especial  
5,20€

**VERMOUTH** 3,60€

(Bianco/Rosso)



### SHB BUCKET

5 beers  
10€



### EPIDOR BUCKET

5 beers  
13€



### CORONITA BUCKET

5 beers  
13€

## WINE

### WHITE WINE

• **SHB WINE** - 14,50€

Xarel-lo y Parellada

D.O Penedés

Glass 3,20€

• **XINO XANO** - 15€

Xarel-lo y Muscat

D.O Penedés

• **LOLO** - 17,90€

Albariño

D.O Rias Baixas

Glass 3,50€

### ROSÉ WINE

• **RAMÓN BILBAO** - 15,50€

Garnacha

D.O Rioja

Glass 3,30€

### RED WINE

• **SIERRA CANTABRIA**

**SELECCIÓN** - 15€

Tempranillo

D.O Rioja

• **TOC** - 15,50€

Cabernet Sauvignon,

Cabernet Franc y Merlot.

D.O Pla de Bages

• **SELENITA** - 19€

Syrah y Garnacha

D.O Montsant

Glass 3,50€

## CAVAS Y SANGRÍA

### CAVA

**Parxet Cuvee** - 18€

D.O Cava

Glass 3,90€

### SANGRÍA

Glass 4,90€ - Pitcher 1,3L. 17€

### SANGRÍA CAVA

Glass 6,80€ - Pitcher 1,3L. 19€

We use paper or bamboo  
straws in all of our drinks.

**SAY NO TO PLASTIC!**



The only drink made with  
deep ocean minerals & magnesium which sets  
THE 52% OF ITS BENEFITS  
TO PROTECT THE OCEAN.



### SHB ICE TEA

2,60 €



5,50€

### BLUE MACHINE

Blueberry & blackberry.

### MANGO MACHINE

Mango & orange.

### GREEN MACHINE

Apple, kiwi, pineapple.



### MOJITO PITCHER

1 Litter  
29

## MOJITOS SHB

### TROPICAL

Mango & pineapple. 9€

### CLASSIC MOJITO

8€

### SHB SPECIAL MOJITO

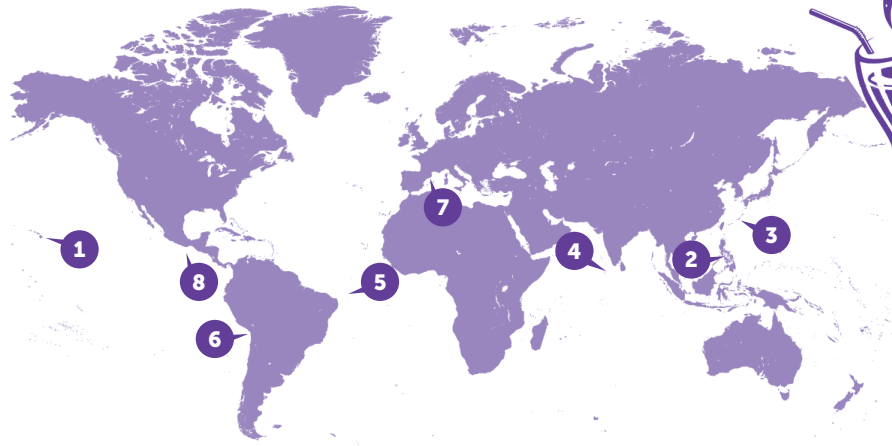
Passion fruit & kiwi. 8,50€

### STRAWBERRY

8€

### RED

With berries. 8,80€



# WCT WORLD COCKTAIL TOURNAMENT

**1 DEEP IN THE BARREL** 9,50€  
**(Pipeline, Hawaii)**  
Backdoor, Pipeline, OTW, Waimea...  
The Hawaiian North Shore is the cradle of surfing and, if you've gotten a flawless barrel, you deserve this little pleasure made with **rum**, pineapple and a bit of **tequila**.

**2 CLOUD9** 8€ **NEW!**  
**(Philippines)**  
Tropical and fresh cocktail made with **gin**, berries, mint and ginger ale.

**3 JAPAN MARY** 8€  
**(Okinawa, Japón)**  
With **sake**, tomato juice, wasabi and ginger! Don't freak out. If you love Japanese flavors and a good Bloody Mary, this is actually one of the best cocktails you will ever try.

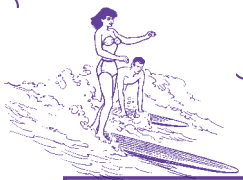
**4 SULTANS** 8,50€  
**(Maldives)**  
**NEW!** **Whiskey** sour with Disaronno (almond liquor negrita) and lemon. Its sour and sweet taste reminds us of this world class wave in the Maldives.

**5 FERNANDO DE NORONHA** 9,50€  
**(Brasil)**  
Refreshing cocktail made with açai, **vodka**, **mangaroca**, lemon and a touch of honey.

**6 ARICA** 9€  
**(Chile)**  
**NEW!** You better have this drink before riding the Chilean wave. **Whiskey**, pineapple, lime and a touch of chocolate.

**7 GALÁCTICO SHB** 9€  
**(La Barceloneta)**  
Who says there are no waves in Barcelona? Crazy talk. This Mediterranean cocktail, with **rosemary infused gin**, watermelon and lychee, could easily be part of the world tour!

**8 MEXICAN BOMB** 9€  
**(Puerto Escondido, México)**  
If you surf, you should experience the feeling of dropping a huge bomb at Zicatela Beach, the worlds most aggressive beach break. This yummy cocktail with watermelon, pineapple, lime and **tequila**, will take your mind straight there.



## CLASSICS

If you are traditional, we also have all the classic cocktails.

8€

**NEW!**

★★★★★  
**PREMIUM  
COCKTAILS**

★★★★★



**A**

### ROCKY POINT

G-Vine and St.Germain, lime, ginger and cucumber. 10€

**B**

### EL CARNAL

Tequila reposado, mezcal, ginger beer and a sweet touch of apple. 11€